

Youth-Outcome Questionnaire (Y-OQ® 2.0) Fact Sheet

Brief Description

The Youth Outcome Questionnaire is a 64-item, self-report measure to track the treatment progress of children and adolescents receiving mental health interventions. It focuses on six different domains of functioning, including intrapersonal distress, somatic problems, interpersonal relationships, critical items, social problems, and behavioral dysfunction.

Target Population

The Y-OQ should be utilized with children and adolescents aged four to seventeen.

Administration Details

The Y-OQ should be completed by the parent/guardian and the child/adolescent during an initial assessment and then weekly while receiving mental health interventions. The child/adolescent version of the assessment should be completed by the child/adolescent about themselves. If the child/adolescent is unable to complete the assessment on their own, they should be asked the questions by their parent/guardian. The parent version, in turn, should be completed by the parent about their child/adolescent. Administration time is approximately 7 to 9 minutes.

Scoring

The Y-OQ must be scored based on the administration and scoring manual provided during the initial training for those who utilize this measure. The total score range is from -16 to 240 from a compilation of the six subscales of intrapersonal distress, somatic problems, interpersonal relationships, critical items, social problems, and behavioral dysfunction. The results must be interpreted by an individual trained to administer the questionnaire. The total score can only be calculated if 28 or more items are completed.

Culturally Adapted

The Youth Outcome Questionnaire is available in English, Spanish, French, Arabic, Armenian, Cambodian, Chinese Simplified, Chinese Traditional, Dutch, Farsi, German, Japanese, Korean, Norwegian, Portuguese (Brazilian), Punjabi, Russian, Somali, Swedish, Tagalog and Vietnamese.

References

Burlingame, G., Cox, J., Wells, G., Latkowski, M., Justice, D., Carter, C., & Lambert, M. (2005). *The administration and scoring manual of the Youth Outcome Questionnaire*. Salt Lake City, Utah: OQ Measures.